

VOLUNTEER COACHES NEEDED

If you are interested in volunteering as a youth baseball coach, please pick up a volunteer coaches manual upon registration and contact Mike Triano for more information.

Bus. 782-1044 ext. 634 Email: mtriano@hcymca.com

All new volunteers must complete a volunteer packet and returned to Mike Triano before September 12th.

GAME SESSIONS:

Sunday, Sept. 19th	Practice/ Evaluation
Sunday, Sept. 26th	Game #1
Sunday, Oct. 3rd	Game #2
*PICTURE DAY	
Sunday, Oct. 10th	Game #3
Sunday, Oct. 17th	Game #4
Sunday, Oct 24th	Game #5
MONDAY, Nov. 1st	Game #6
Sunday, Nov. 7th	Game #7

PRACTICES:

Practices will be held at the Deer Path YMCA on either Tuesday or Thursday evenings for one hour. Practices will not be both days just one day per week.



The Hunterdon County YMCA promotes Caring, Honesty, Respect, and Responsibility in all our Youth Sports Programs.

Youth Football Program

PARENT HANDBOOK



FLAG FOOTBALL LEAGUES

FALL 2010



Ages as of September 19th

Flag Football Rookies
Boys and girls ages 4 –6

Flag Football Winners
Boys and girls ages 7-9

VOLUNTEER COACHES TRAINING

Thursday, September 16th, 6:30 –8:30 pm
Held at the Deer Path YMCA

SEASON

Sunday, September 19th - Sunday, November 7th*
* Practice (1 hour) on Tuesday or Thursday evening
* Games on Sundays at 11, 12:30, 2 or 3:30.

PROGRAM PICTURES

Sunday, October 3rd
(BEFORE YOUR CHILDS GAME)

Mike Triano,
League Coordinator
Office: 908-782-1044 ext. 634
E-mail: mtriano@hcymca.com

THE PROGRAM

The Hunterdon County YMCA Flag Football League is a non-competitive program designed to teach young boys and girls the basic concepts of football.

REGISTRATION - *NEW online registration

Parents must come in person to fill out a registration form with the pertinent information, parents can print a registration online then mail it in OR parents may now register online. **PLEASE INCLUDE YOUR E-MAIL ADDRESS** so that we can communicate with parents and coaches more effectively and efficiently.

PARTICIPATION FEE

The cost of Flag Football is \$55 for Family Full Members, \$70 for Program Members, and \$120 for Non-Members.

PROGRAM PICTURES (Picture Day: Sunday, October 3rd)

Blakely's Portraits will come to take individual and team pictures.

Parents who wish to purchase portraits can choose from several packages. Photo packages must be paid for on the day of pictures. Prices are reasonable. Pictures are guaranteed by the end of the season. Anyone who did not receive their pictures but ordered can pick pictures up at the field by the YMCA supervisor, or at the front desk if you want to pick them up during the week.

GAME SESSIONS & PRACTICES

Practices will be held at the Deer Path YMCA on Tuesday or Thursday evenings for one hour. Practices will be either Tuesday or Thursday, not both.

Game sessions for Flag Football will be held at the Deer Path YMCA on Sundays at 11:00 a.m., 12:30 p.m., 2:00 p.m. OR 3:30 p.m..

EVERYONE PLAYS

If a team does not have enough players to play a game, the opposing team shall offer to divide the team evenly so that a game will still be played. There are no forfeits.

NO KEEPING SCORE

We do not keep score or league standings. Remember, this is a non-competitive baseball program.

CANCELLATIONS

If a game is cancelled due to unexpected circumstances (weather or field conditions...) parents will receive a call from coaches. Mike Triano, League Coordinator, will decide if it is necessary to cancel and will leave a message on his voice mail. If weather is questionable, coaches and parents may call Mike's voice mail at 782-1044 ext. 634 to confirm. It is not necessary to leave a message. At times this is a very difficult decision to judge. Your patience and support is very much appreciated. Coaches will be notified if there is a make-up date for a game that has been cancelled. All games will be played according to the schedule. In other words, if a game is cancelled, do not play the game that was missed. Play the game that is scheduled for that Sunday. If there is a cancellation, we will play the missed game for the missed date on the new make-up date.

UNIFORMS

The YMCA provides each player with a team shirt. Players should wear sweats or shorts (whichever is weather appropriate). Rubber cleats are not necessary for football leagues, but are okay to wear.

SNACK BREAKS

Team moms and dads will organize a snack schedule for parents to rotate bringing snacks and drinks for all kids on the team after the game. Breaks may be taken whenever needed. Please help keep the YMCA clean.

SCHEDULES & ROSTERS

Coaches will call all parents the week of September 13th to inform you what team your child is on, what time and what field your child's first game is. Uniforms will be handed out on the first day of games.

TEAM PARENTS NEEDED

A team parent is not a coach. Rather, she/he helps the coach with organizing and assisting whenever possible. Team parent's will help call parents to communicate important information, make snack schedule for parents to bring snack & drink for players after games, and much more... If you are interested, please fill out bottom portion of registration card.

COACHES TRAINING

All coaches (new and veteran coaches) must attend the coaches Training. The following training will be held at the Deer Path YMCA. Coaches should attend the following Training:

- **FLAG FOOTBALL:**

Thursday, September 16th, 6:30 - 8:30 p.m.

Any Questions, please call Mike Triano at (908) 782-1044x634 or email at: mtriano@hcyymca.com

