

Youth Soccer Program

# PARENT HANDBOOK



Hunterdon County YMCA  
We build strong kids,  
strong families, strong communities.

## SOCCER LEAGUES

### FALL 2010



Ages as of September 18th, 2009

#### **SUPER TOTS**

Boys and girls ages 3 & 4

#### **ROOKIES**

Boys and girls age 4 & 5

#### **WINNERS**

Boys and girls ages 6 to 8

#### **CHAMPIONS**

Boys and girls ages 9 to 13

#### **VOLUNTEER COACHES TRAINING**

Tuesday, September 14th — (6:30 - 8:30 p.m.)  
Held at the Deer Path YMCA

#### **SEASON**

September 18th - November 6th

#### **PROGRAM PICTURES**

Saturday, October 2nd  
(BEFORE YOUR CHILDS GAME)

Mike Triano,  
League Coordinator  
Office: 908-782-1044 ext. 634  
E-mail: mtriano@hcymca.com

## **THE PROGRAM**

The Hunterdon County YMCA Youth Soccer League is a non-competitive program designed to teach young boys and girls the basic concepts of soccer. There are **four** divisions: 1) SUPER TOTS: age 3 or 4. 2) ROOKIES: age 4 or 5. 3) WINNERS: ages 6-8. 4) CHAMPIONS: ages 9-13. Children must be of age as of September 18th.

## **REGISTRATION - \*NEW online registration**

Parents must come in person to fill out a registration form with the pertinent information, parents can print a registration online then mail it in OR parents may now register online. **PLEASE INCLUDE YOUR E-MAIL ADDRESS** so that we can communicate with parents and coaches more effectively and efficiently.

## **PARTICIPATION FEE**

The cost of Soccer is \$55 for Family Full Members, \$70 for Program Members, and \$120 for Non-Members.

## **PROGRAM PICTURES (Picture Day - Saturday, October 3rd)**

Blakely's Portraits will come to take individual and team pictures. Parents who wish to purchase portraits can choose from several packages. Photo packages must be paid for on the day of pictures. Prices are reasonable. Pictures are guaranteed by the end of the season. Anyone who did not receive their pictures but ordered can pick pictures up at the field by the YMCA supervisor, or at the front desk if you want to pick them up during the week.

## **GAME SESSIONS**

Game sessions are held at Deer Path YMCA on Saturdays, Super Tots, Rookies & Winners league will play as early as 8:30 a.m. and end as late as 3:45 p.m. Each game begins with coaches leading their players in stretching exercises and practice drills to teach the fundamentals of passing, dribbling, and shooting. After practicing, coaches will lead their team in a game with the team occupying the opposite side of the field. Coaches will also become referees during the game while coaching at the same time.

## **EVERYONE PLAYS**

If a team does not have enough players to play a game, the opposing team shall offer to divide the team evenly so that a game will still be played. There are no forfeits. Players will be substituted as often as possible so that every player plays at least half of every game.

## **NO KEEPING SCORE**

We do not keep score or league standings. Remember, this is a non-competitive soccer program.

## **CANCELLATIONS**

If a game is cancelled due to unexpected circumstances (weather or field conditions...) parents will receive a call from coaches. Mike Triano, League Coordinator, will decide if it is necessary to cancel and will leave a message on his voice mail, usually by 8:00 am. If weather is questionable, coaches and parents may call Mike's voice mail at 782-1044 ext. 634 to confirm. It is not necessary to leave

## **VOLUNTEER COACHES NEEDED**

If you are interested in volunteering as a youth soccer coach, please pick up a volunteer coaches manual upon registration and contact Mike Triano for more information.

Bus. 782-1044 ext. 634 Email: mtriano@hcyymca.com

All new volunteers must complete a volunteer packet and returned to Mike Triano before September 11th.

### **Game Dates**

Saturday, Sept. 18th Game #1  
Saturday, Sept. 25th Game #2  
Saturday, Oct. 2nd Game #3  
Saturday, Oct. 9th Game #4  
Saturday, Oct. 16th Game #5  
Saturday, Oct. 23rd Game #6  
Saturday, Oct. 30th Game #7  
Saturday, Nov. 7th Game #8

\*All SOCCER Games can start as early as 8:30 a.m. & end as late as 3:45.\*



The Hunterdon County YMCA promotes Caring, Honesty, Respect, and Responsibility in all our Youth Sports Programs.

a message. At times this is a very difficult decision to judge. Your patience and support is very much appreciated. Coaches will be notified if there is a make-up date for a game that has been cancelled. All games will be played according to the schedule. In other words, if a game is cancelled, do not play the game that was missed. Play the game that is scheduled for that Saturday. If there is a cancellation, we will play the missed game for the missed date on the new make-up date.

### **UNIFORMS**

The YMCA provides each player with a team shirt. Parents should provide shin guards (mandatory), shorts or sweats (whichever is weather appropriate), soccer socks, and sneakers. Soccer shoes with rubber cleats are acceptable but not necessary.

### **SNACK BREAKS**

The snack break should consist of water and fruit. This is just a break, children should refresh themselves with water or juice and some fruit. Please no "junk food" until AFTER the game. Team parents will organize a snack schedule for parents to rotate bringing snacks and drinks for all kids on the team after the game. Breaks may be taken whenever needed. Please help keep the YMCA clean.

### **SCHEDULES & ROSTERS**

A copy of the game schedule & rosters will be available at the front desk for pick-up as early as September 13th. Coaches will call all parents the week of April 20th to inform you what team your child is on, what time and what field your child's first game is. Uniforms will be handed out on the first day of games.

### **TEAM PARENTS NEEDED**

A team mom or dad is not a coach. Rather, they help the coach with organizing and assisting whenever possible. Team parents will help call parents to communicate important information, make snack schedule for parents to bring snack & drink for players after games, help with substituting players during a game, and much more..... If you are interested, please fill out bottom portion of registration card.

### **COACHES TRAINING**

**All new coaches need to attend the coaches training.** If you are a veteran coach and coaching a new division this year, you need to attend the clinic. If you are a veteran coach and are coaching the same division as last year, you need not attend the clinic.

#### **Dates of the COACHES TRAINING;**

Tuesday, September 14th > 6:30 - 8:30 p.m.

Please call Mike at 908-782-1044x634 or email mtriano@hcyymca.com to RSVP