



Gymnasium Schedule - 11/26/18 - 12/23/18

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
5:00am-9:00am	OPEN GYM (5:00 - 9:15)	OPEN GYM (5:00-8:45)	OPEN GYM (5:00 - 8:45)	OPEN GYM (5:00 - 8:45)	OPEN GYM (5:00 - 9:00)	Y OPENS AT 6:00 OPEN GYM (6:00 - 8:30)	Y OPENS AT 6:00 OPEN GYM (6:00 - 8:30)
9:00am	Preschool & Kinder Classes (8:45 - 11:15am)		Gymnastics Classes (8:45 - 11:00)	PRESCHOOL & KINDER CLASSES (8:45-11:15am)	PRESCHOOL & KINDER CLASSES (9:00 - 11:00am)	MARTIAL ARTS (8:30 - 4:00)	CLINICS (8:30 - 12:30)
10:00am			HOME SCHOOL (11:00 - 1:45)		OPEN GYM (11:15 - 3:00)		OPEN GYM (12:45 - 8:00) ½ GYM IF BIRTHDAY PARTIES ARE SCHEDULED
11:00am		OPEN GYM (8:45 - 3:30)					
12:00pm	Open Gym (11:30 - 3:45)			Open Gym (11:15-3:00)			
1:00pm			HALF GYM OPEN (1:45 - 3:00)				
2:00pm							
3:00pm	KARATE SET UP (3:45)			Indoor Soccer 3:30-4:15m	SUPERO HERO TRAINING (2:45-4:00)		
4:00pm	KARATE KIDS (4:00 - 4:45)		Gymnastics Classes (3:00 - 6:30pm)	NERF/ DODGEBALL (4:30 - 5:15)	NINJA WARRIOR (4:00 - 5:00)	OPEN GYM (4:00-8:00)	
5:00pm	KARATE KIDS ADVANCED (5:00-5:45)	YOUTH SPORTS (3:30 - 6:30)		GAGA (5:30 - 6:15) Y Hoopsters (6:30-7:15pm)	SPARTAN WARRIOR (5:15 - 6:00)	½ GYM IF A BIRTHDAY PARTY IS SCHEDULED	
6:00pm	MARTIAL ARTS BEGINNERS (6:00 - 7:00)	BASKETBALL LEAGUES (6:30 - 10:00)	NERF/ DODGEBALL CLUB (6:30 - 7:15)	BASKETBALL LEAGUES (7:30 - 10:00)	FAMILY EVENTS (6:15 - 8:30pm) Family Events As Scheduled (Please see event schedule for full list)		
7:00pm	MARTIAL ARTS ADVANCED (7:00 - 8:30)		ADULT MARTIAL ARTS (7:45 - 9:15)		OPEN GYM (8:30-10:00)		
8:00pm - 10:00pm	ADULT MARTIAL ARTS (8:30 - 10:00)						

Thursday December 13-Gym closed at 8:30am for events.