



Gymnasium Schedule - 01/24/19 - 03/01/19

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
5:00am-9:00am	OPEN GYM (5:00 - 9:15)	OPEN GYM (5:00-9:00)	OPEN GYM (5:00 - 8:45)	OPEN GYM (5:00 - 9:00)	OPEN GYM (5:00 -9:00)	Y OPENS AT 6:00 Pickleball Club (7:00 - 8:30)	Y OPENS AT 6:00 OPEN GYM (6:00 - 8:00)
9:00am	Preschool & Kinder Classes (8:45 - 11:15)	Preschool & Kinder Classes (9:00-11:00)	Gymnastics Classes (8:45 - 12:00)	PRESCHOOL & KINDER CLASSES (8:45-11:15am)	PRESCHOOL & KINDER CLASSES (9:00 - 11:00am)	MARTIAL ARTS (8:30 - 4:00)	YOUTH CLASSES & CLINICS (8:00 - 12:30)
10:00am	Homeschool Gym (11:00-2:00) Half Gym Open						OPEN GYM (12:45 - 8:00) ½ GYM IF BIRTHDAY PARTIES ARE SCHEDULED
11:00am		Adult Pickleball (11:00-12:30)		Adult Pickleball (11:30-2:00)	HALF OPEN GYM (11:15 - 3:00)		
12:00pm	OPEN GYM (2:00 - 3:45)	OPEN GYM 12:30-4:15pm	HALF GYM OPEN (12:00 - 3:00)				
1:00pm							
2:00pm				OPEN GYM (2:00-3:15)			
3:00pm	KARATE SET UP (3:45)			Kinder Sports (3:15-4:30)	SUPERO HERO TRAINING (3:15-4:00)		
4:00pm	KARATE KIDS (4:00 - 4:45)		Gymnastics Classes (3:00 - 6:30pm)	Pickleball Club (5:00-8:00pm)	NINJA WARRIOR (4:15 - 5:00)	OPEN GYM (4:00-8:00)	
5:00pm	KARATE KIDS ADVANCED (5:00-5:45)	YOUTH SPORTS (4:15 - 7:30)			SPARTAN WARRIOR (5:15 - 6:00)	½ GYM IF A BIRTHDAY PARTY IS SCHEDULED	
6:00pm	MARTIAL ARTS BEGINNERS (6:00 - 7:00)	BASKETBALL LEAGUES (7:30 - 10:00)	NERF/ DODGEBALL CLUB (6:30 - 7:15)	BASKETBALL LEAGUES (8:00 - 10:00)	FAMILY EVENTS (6:15 - 8:30pm) Family Events As Scheduled (Please see event schedule for full list)		
7:00pm	MARTIAL ARTS ADVANCED (7:00 - 8:30)		ADULT MARTIAL ARTS (7:45 - 9:15)		OPEN GYM (When no family events scheduled) (6:15-8:30)		
8:00pm - 10:00pm	ADULT MARTIAL ARTS (8:30 - 10:00)				(8:30-10:00)		