



YMCA Pool Schedule Effective January 7 through February 24, 2019

Rev. 1/5/2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	POOL SCHEDULE TERMS
5:00-6:30 AM	LAP SWIMMING 4 LANES 1 REC LANE/1 FIT LANE	LAP SWIMMING 4 LANES 1 REC LANE/1 FIT LANE	LAP SWIMMING 4 LANES SWIM TEAM 2 LANES	LAP SWIMMING 4 LANES 1 REC LANE / 1 FIT LANE	LAP SWIMMING 3 LANES SWIM TEAM 3 LANES	LAP SWIMMING: Swimmers must swim continuously in the lane (circle swim if multiple swimmers) CIRCLE SWIM: Swim in a counterclockwise direction RECREATION: Area for play and fitness/ exercise
6:30-8:00 AM	LAP SWIMMING 4 LANES 1 FITNESS LANE/Aquacize	LAP SWIMMING 4 LANES 1 REC LANE / 1 FIT LANE	LAP SWIMMING 4 LANES 1 FITNESS LANE/Aquacize	LAP SWIMMING 4 LANES 1 REC LANE / 1 FIT LANE	LAP SWIMMING 4 LANES SCUBA	
8:00 - 9:15 AM	LAP SWIMMING 2 LANES AQUACIZE/LESSONS	LAP SWIMMING 3 LANES 1 REC/1 FIT LANE	LAP SWIMMING 2 LANES Aquacize/lessons	LAP SWIMMING 3 LANES 1 REC/1 FIT LANE	LAP SWIMMING 2 LANES AQUACIZE/SCUBA	
9:15 -11 AM	LAP SWIMMING 2 LANE AQUACIZE/LESSONS	LAP SWIMMING 2 LANES AQUACIZE/LESSONS	LAP SWIMMING 2 LANES AQUACIZE/LESSONS	LAP SWIMMING 2 LANE AQUACIZE/LESSONS	LAP SWIMMING 2 LANES AQUACIZE/SCUBA	
11:00-12:15 PM	LAP SWIMMING 4 LANES RECREATION	LAP SWIMMING 2 LANES SENIOR SWIM/RECREATION	LAP SWIMMING 4 LANES RECREATION	LAP SWIMMING 2 LANES SENIOR SWIM/RECREATION	LAP SWIMMING 3 LANES RECREATION	
12:15 -1 PM	LAP SWIMMING 3 LANES RECREATION	LAP SWIMMING 2 LANES SENIOR SWIM/REC	LAP SWIMMING 3 LANES RECREATION	LAP SWIMMING 2 LANES SENIOR SWIM/REC	LAP SWIMMING 3 LANES RECREATION	SATURDAY SCHEDULE 6 AM - 8 AM - 4 LAP LANES 8:00 AM - 9 AM - 1 LAP LANES/ SWIM LESSONS 9 AM - 11:00 AM - NO LAP SWIM/LESSONS 11:00 AM - 1 PM - 1 LAP LANE/LESSONS 1 PM - 6 PM - 2 LAP LANES/REC/Lifeguard class 6:00 pm - 7:45 pm 3 Lap Lanes/Rec/LG Class
1 PM-2:30 PM	LAP SWIMMING 3 LANES SWIM LESSONS/REC	LAP SWIMMING 3 LANES SWIM LESSONS/REC	LAP SWIMMING 3 LANES SWIM LESSONS/REC	LAP SWIMMING 3 LANES SWIM LESSONS/REC	LAP SWIMMING 3 LANES RECREATION	SUNDAY SCHEDULE 6:00 AM - 8:00 AM - 4 LAP SWIM LANES 8 AM - 9 AM - 2 LAP LANES/LESSONS 9 AM-11:45 AM - 1 Lap Lane/Lessons 11:45 AM-1 PM 1 Lap lanes/Rec/Lifeguard class 1 PM - 5:00 PM 2 Lap Lanes/Rec/Lifeguard Class 5:00 PM - 7:45 PM - SWIM TEAM WHOLE POOL *H. S. SWIM TEAM SCHEDULE 2 LAP LANES AVAILABLE WHEN TEAM IS IN. January 7,9,11,14,16,17,23,24,25,28,31 February 1,4,5,6,8,11,12,13,14,15,18,19,20,21,22 IF NO PRACTICE 3 Lap/Rec 2:30 to 4:00 pm
2:30-4 PM	LAP SWIM 2 LANES H.S. SWIM TEAM*	LAP SWIM 2 LANES H.S. SWIM TEAM*	LAP SWIM 2 LANES H.S. SWIM TEAM*	LAP SWIM 2 LANES H.S. SWIM TEAM*	LAP SWIM 2 LANES H.S. SWIM TEAM*	
4-4:45PM	LAP SWIMMING 2 LANES Swim lessons	LAP SWIMMING 1 LANE LESSONS/SWIM TEAM	LAP SWIMMING 1 LANE SWIM LESSONS	LAP SWIMMING 1 LANE LESSONS/SWIM TEAM	LAP SWIMMING 1 LANE SWIM LESSONS	
4:45-5:30 PM	LAP SWIMMING 1 LANE Special Olympics S.Team	LAP SWIMMING 1 LANE SWIM LESSONS/TEAM	LAP SWIMMING 1 LANE SWIM LESSONS	LAP SWIMMING 1 LANE SWIM TEAM/LESSONS	LAP SWIMMING 1 LANE SWIM LESSONS	
5:30-7:00 PM	LAP SWIM 1 LANE SWIM TEAM PRACTICE	LAP SWIM 1 LANE SWIM TEAM PRACTICE	LAP SWIM 1 LANE SWIM TEAM PRACTICE	LAP SWIM 1 LANE SWIM TEAM PRACTICE	LAP SWIM 1 LANE SWIM TEAM	
7:00-8:00pm	LAP SWIMMING 1 LANE SWIM TEAM PRACTICE	LAP SWIMMING 1 LANE SWIM LESSONS	LAP SWIMMING 1 LANE SWIM TEAM PRACTICE	LAP SWIMMING 1 LANE SWIM LESSONS	LAP SWIM 1 LANE SWIM TEAM	
8-9 pm	LAP SWIMMING 1 LANE SWIM TEAM	LAP SWIMMING 2 LANES LESSONS/REC	LAP SWIMMING 1 LANE SWIM TEAM	LAP SWIMMING 2 LANES LESSONS/REC	LAP SWIM 1 LANE SWIM TEAM TILL 8:30 PM	
9 -9:45 PM	LAP SWIMMING 4 LANES RECREATION	LAP SWIMMING 4 LANES RECREATION	LAP SWIMMING 4 LANES RECREATION	LAP SWIMMING 4 LANES RECREATION	LAP SWIMMING 4 LANES RECREATION	

Note: pool schedule is subject to change due to seasonal programming and or other circumstances