



Gymnasium Schedule - 04/01/19 - 04/30/19

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
5:00am-9:00am	OPEN GYM (5:00 - 9:15)	OPEN GYM (5:00-9:00)	OPEN GYM (5:00 - 8:45)	OPEN GYM (5:00 - 9:00)	OPEN GYM (5:00 -9:00)	Y OPENS AT 6:00 OPEN GYM (6:00-8:00)	Y OPENS AT 6:00 OPEN GYM (6:00 - 8:00)
9:00am	Preschool & Kinder Classes (8:45 - 11:15)	Preschool & Kinder Classes (9:00-11:00)	Gymnastics Classes (8:45 - 12:00)	PRESCHOOL & KINDER CLASSES (8:45-11:15am)	NINJA TRAINING (9:00 - 11:00am)	MARTIAL ARTS (8:30 -4:00)	YOUTH CLASSES & CLINICS (8:00 - 12:30)
10:00am	Homeschool Gym (11:00-2:00) Half Gym Open						OPEN GYM (12:45 - 8:00) ½ GYM IF BIRTHDAY PARTIES ARE SCHEDULED
11:00am		Adult Pickleball (11:15-1:00)		Adult Pickleball (11:30-2:00)	HALF OPEN GYM (11:15 - 3:00)		Gym Closed 12:30-2pm March 17/31 for Pickleball event
12:00pm	OPEN GYM (2:00 - 3:45)	OPEN GYM 1:00-4:15pm	HALF GYM OPEN (12:00 - 3:00)				
1:00pm							
2:00pm				OPEN GYM (2:00-3:15)			
3:00pm	KARATE SET UP (3:45)			Kinder Sports (3:15-4:30)			
4:00pm	KARATE KIDS (4:00 - 4:45)		Gymnastics Classes (3:00 - 6:30pm)	Pickleball Club (5:00-7:00pm)	NINJA WARRIOR PROGRAMS (2:30 - 6:15)	OPEN GYM (4:00-8:00)	
5:00pm	KARATE KIDS ADVANCED (5:00-5:45)	YOUTH SPORTS (4:15 - 7:30)				½ GYM IF A BIRTHDAY PARTY IS SCHEDULED	
6:00pm	MARTIAL ARTS BEGINNERS (6:00 - 7:00)	OPEN GYM (7:30 - 10:00)	NERF/ DODGEBALL CLUB (6:30 - 7:15)	OPEN GYM (7:00-10:00pm)	FAMILY EVENTS (6:15 - 8:30pm)	GYM CLOSED ON April 13 , 4:00-8:00pm for Teen Night Event	
7:00pm	MARTIAL ARTS ADVANCED (7:00 - 8:30)		ADULT MARTIAL ARTS (7:45 - 9:15)		Open Gym 8:30-10:00pm		
8:00pm - 10:00pm	ADULT MARTIAL ARTS (8:30 - 10:00)						

***NOTE: SPORTS CLASSES HELD OUTDOORS DURING NICE WEATHER**