



Gymnasium Schedule - 05/12/19 - 06/01/19

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Sat. | Sun. |
|------------------|--|---|------------------------------------|---|---|---|--|
| 5:00am-9:00am | OPEN GYM (5:00 - 9:15) | OPEN GYM (5:00-9:00) | OPEN GYM (5:00 - 8:45) | OPEN GYM (5:00 - 9:00) | OPEN GYM (5:00 - 9:00) | Y OPENS AT 6:00 OPEN GYM (6:00-8:00) | Y OPENS AT 6:00 OPEN GYM (6:00 - 8:00) |
| 9:00am | Preschool & Kinder Classes (8:45 - 11:15) | Preschool & Kinder Classes (9:00-11:00) | Gymnastics Classes (8:45 - 12:00) | PRESCHOOL & KINDER CLASSES (8:45-11:15am) | NINJA TRAINING (9:00 - 11:00am) | MARTIAL ARTS (8:30 -4:00) | YOUTH CLASSES & CLINICS (8:00 - 12:30) |
| 10:00am | Homeschool Gym (11:00-2:00) Half Gym Open | | | | | | OPEN GYM (12:45 - 8:00) ½ GYM IF BIRTHDAY PARTIES ARE SCHEDULED |
| 11:00am | | Adult Pickleball (11:15-1:00) | | Adult Pickleball (11:30-2:00) | HALF OPEN GYM (11:15 - 3:00) | | |
| 12:00pm | OPEN GYM (2:00 - 3:45) | OPEN GYM 1:00-4:15pm | HALF GYM OPEN (12:00 - 3:00) | | Gym closed 5/17 after 11am due to event | | |
| 1:00pm | | | | | | | |
| 2:00pm | | | | OPEN GYM (2:00-3:15) | | | |
| 3:00pm | KARATE SET UP (3:45) | | | Kinder Sports (3:15-4:30) | | | |
| 4:00pm | KARATE KIDS (4:00 - 4:45) | | Gymnastics Classes (3:00 - 6:30pm) | Pickleball Club (5:00-7:00pm) | NINJA WARRIOR PROGRAMS (2:30 - 6:15) | OPEN GYM (4:00-8:00) | |
| 5:00pm | KARATE KIDS ADVANCED (5:00-5:45) | YOUTH SPORTS (4:15 - 7:30) | | | | ½ GYM IF A BIRTHDAY PARTY IS SCHEDULED | |
| 6:00pm | MARTIAL ARTS BEGINNERS (6:00 - 7:00) | OPEN GYM (7:30 - 10:00) | NERF/ DODGEBALL CLUB (6:30 - 7:15) | OPEN GYM (7:00-10:00pm) | FAMILY EVENTS (6:15 - 8:30pm) On 5/17 & 5/31 | | |
| 7:00pm | MARTIAL ARTS ADVANCED (7:00 - 8:30) | | ADULT MARTIAL ARTS (7:45 - 9:15) | | Open Gym 8:30-10:00pm | | |
| 8:00pm - 10:00pm | ADULT MARTIAL ARTS (8:30 - 10:00) | | | | GYM CLOSED 5/17 for Ninja Contest | | |

*NOTE: SPORTS CLASSES HELD OUTDOORS DURING NICE WEATHER