





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPORTS CAMP 2019

WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK NOTES
June 24 COMICAMP An action packet week with comics, color wars, hero's, and legends brought to life!	June 25	June 26 <u>UPPER CAMP TRIP</u> Dave & Busters	June 27 <u>Dress Up Day</u> Dress Like A Hero Day 	June 28 <u>SPECIAL EVENT</u> Counselor Dress Up Contest	Sport Highlight: Multi-Sport Note for Sport Highlight Meaning: Highlighted sports of the week are when we have special activity stations set up for that sport (on Tuesdays), run by specialist. Campers focus during a portion of the day on learning and practicing new skills and participating in scrimmages for that sport. Sport Highlights are not specialty camps. Specialty Camps focus on their topic throughout the day and week, and are run by specialty counselors.

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK NOTES
July 1 WIZARDING WORLD The wonders of wizarding will be brought to life through activities inspired by popular book series.	July 2	July 3 <u>Camp Guest</u> Lisa Lou-Science Circus	July 4 	July 5 <u>SPECIAL EVENT</u> Tri Wizard Tournament	Sport Highlight: Baseball Campers will be introduced to all aspects of baseball from pitching and throwing to catching, hitting, base running and basic fielding skills.


Trips, events, & schedule are subject to change at Camp Director discretion.





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WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK NOTES
July 8 FAIRLY DISNEY Disney inspired creative games and activities will transform camp into a whole new world!	July 9	July 10 <u>ALL CAMP TRIP</u> Park & Movie: Toy Story 4	July 11  <u>Dress Up Day</u> Dress like a Disney Character Day	July 12 <u>SPECIAL EVENT</u> Camp Color Run	Sport Highlight: Soccer Sports campers will focus on the essentials which include trapping, passing, dribbling, offense/defense positions and teamwork.

WEEK 5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK NOTES
July 15 PLANET EARTH A wild week where campers will enjoy all aspects of the great outdoors!	July 16	July 17 <u>LOWER CAMP TRIP</u> Paint Party Farm	July 18  <u>Dress Up Day</u> Dress like an animal day	July 19  <u>SPECIAL EVENT</u> Camp Ninja Warrior Contest-Jungle Themed	Sport Highlight: Basketball Campers will focus on the fundamentals of basketball including dribbling, passing, shooting, rebounding and teamwork. They will also play a variety of games to reinforce the techniques learned.


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WEEK 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK NOTES
July 22 GAME SHOW & SPIRIT WEEK Prepare to be entertained and engaged in friendly camp competitions throughout the week!	July 23  <u>Dress Up Day</u> Jersey Day CAMPER KICKBALL TOURNAMENT!	July 24 <u>Special Event</u> Camp Pep Rally	July 25  <u>ALL CAMP TRIP</u> Annual Kickball Game	July 26	Sport Highlight: Multi-Sport Campers will do drills and games for several sports and Olympics themed sports along with classical camp games.

WEEK 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK NOTES
July 29 HOLIDAY HULLABALLOO	July 30 'Holiday Carnival'	July 31 <u>UPPER CAMP TRIP</u> Colonial Bowling & Park 'Happy UnBirthday'	August 1 <u>Dress Up Day</u> Halloween in the Summer Party-wear your favorite costume  'Trick or Treat'	August 2 <u>SPECIAL EVENT</u> Camp Talent Show	Sport Highlight: Baseball Campers will have special baseball activities with skill lessons ranging from pitching and throwing to catching, hitting, base running and basic fielding skills.


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WEEK 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK NOTES
August 5 CAMP OLYMPICS Campers will learn new sports and practice traditional ones in our 2019 Olympic games.	August 6	August 7 <u>Lower Camp Trip</u> Crayola Factory	August 8  <u>Dress Up Day</u> Pirates & Luau Dress Day	August 9 <u>SPECIAL EVENT</u> Cardboard Boat Regatta	Sport Highlight: Soccer Sports campers will have special activities focused on the essentials of soccer which include trapping, passing, dribbling, offense/defense positions and teamwork.

WEEK 9

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK NOTES
August 12 MAKERS CAMP Young minds will be at work while engaging in a variety of mind boggling challenges.	August 13	August 14 <u>SPECIAL GUEST:</u> Police & Fire Co	August 15  <u>Dress Up Day</u> Career Dress Day- dress like a grown up worker!	August 16 <u>SPECIAL EVENT</u> Corey the Dribbler	Sport Highlight: Basketball Campers will have special activities covering the fundamentals of basketball including dribbling, passing, shooting, rebounding and teamwork. They will also play a variety of games to reinforce the techniques learned.


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SPORTS CAMP 2019

WEEK 10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK NOTES
August 19 CAMP MIX & MASH UP An epic mixture of our camp classics and new innovative programs!	August 20 'Crazy Sock Day'	August 21 'Crazy Hair Day'	August 22  'Crazy Hat Day'	August 23 <u>SPECIAL EVENT</u> Camp Carnival	Sport Highlight: Multi-Sport Campers will do drills and games for several sports including football, baseball and soccer as well as summer camp classics such as capture the flag, kickball and more.

Sport Highlight:

Highlighted sports of the week are an opportunity for campers to focus, during a portion of the day (on Tuesdays), on learning and practicing new skills and participating in scrimmages for that sport.

We use the YMCA Youth Super Sports Model to help campers learn through the 'games approach' model.

Please note: Sport Highlight activities are not the 'Specialty Sport' camp. Specialty Sports Camps have additional specialized instruction and focus on that sport throughout the day.

Upper Camp:

Winners, Champions and All Stars

Lower Camp:

Junior Camp, and Rookies

Specialty Camps

Specialty camps follow a separate daily and weekly schedule. Groups do participate in special events and dress up days, but do not attend trips.

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