



Gymnasium Schedule - 06/17/19 - 07/01/19

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	Sun.
5:00am-7:00am	OPEN GYM (5:00 - 7:00)	OPEN GYM (5:00-7:00)	OPEN GYM (5:00 - 7:00)	OPEN GYM (5:00 - 7:00)	OPEN GYM (5:00 - 7:00)	Y OPENS AT 6:00 OPEN GYM (6:00-8:00)	Y OPENS AT 6:00 OPEN GYM (6:00 - 8:00)
7:00am	SUMMER CAMP & PROGRAMMING 7am-6pm					MARTIAL ARTS (8:30 -4:00)	YOUTH CLASSES & CLINICS (8:00 - 12:30)
10:00am						OPEN GYM (12:45 - 8:00) ½ GYM IF BIRTHDAY PARTIES ARE SCHEDULED	
11:00am							
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm						OPEN GYM (4:00-8:00)	
5:00pm						½ GYM IF A BIRTHDAY PARTY IS SCHEDULED	
6:00pm						MARTIAL ARTS BEGINNERS (6:00 - 7:00)	OPEN GYM (6:15 - 10:00)
7:00pm	MARTIAL ARTS ADVANCED (7:00 - 8:30)		ADULT MARTIAL ARTS (7:45 - 9:15)	Open Gym 8:00-10:00	Open Gym 6:15-10:00		
8:00pm - 10:00pm	ADULT MARTIAL ARTS (8:30 - 10:00)						

*NOTE: SPORTS CLASSES HELD OUTDOORS DURING NICE WEATHER