



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BEST TIME EVER!!!!

2019 Parent/ Camper Information Packet

Camp Carr— Sports Camp—South Camp

- What to bring
- Where to pick-up and drop off
- Contacts



Parent Statement of Understanding

The following information is important for the safety and protection of your child. Please read the information, sign this form, and return the original to the YMCA. A copy will be filed with your child's records.

I understand that YMCA staff and volunteers are not allowed to baby-sit or transport children at any time outside the YMCA program. If a violation is discovered, the YMCA will take immediate disciplinary action toward staff and/or volunteers.

I understand that staff and volunteers are not allowed to initiate contact with members and program participants outside the YMCA, unless necessary in certain limited cases for the smooth operation of a YMCA program. If deemed necessary, contact should be made with the program participant's parent or guardian. Contact includes, but is not limited to, sharing of phone numbers, email addresses, personal websites and/or web logs. If a violation is discovered, the YMCA will take immediate disciplinary action toward staff and/or volunteers.

I understand that I am not to leave my child* at the YMCA or program site unless a YMCA staff or volunteer is there to receive and supervise my child. I understand that my child must be escorted to and from the program area by me or another person on my authorized list. Children may not just be dropped off at the door. *Note: The Hunterdon County YMCA's policy is that children under the age of 12 may not be alone in our facilities/program sites.

I understand children should not receive excessive gifts (e.g., toys, video games, jewelry) from YMCA staff or volunteers, and I should report this to a supervisor if they do.

I understand that my child will not be allowed to leave the program with an unauthorized person. Any person authorized to pick up my child, including relatives, must be listed with the YMCA and must be of the age required by this YMCA. Any other alternate pick-up arrangements must be made in writing by a parent/guardian. Phone notification of an alternate pick-up arrangement is only accepted in an emergency.

I understand that should a person arrive to pick up my child who appears to be under the influence of drugs or alcohol, for the child's safety, staff may have no recourse but to contact the police. Please do not put staff in a position where they have to make this judgment call.

I understand that I can help ensure my child's safety by taking an active interest in his or her YMCA experience. I too will monitor volunteer and staff interactions with my child and ask my child specific questions about program activities and volunteer or staff relationships with my child.

I understand that the YMCA is mandated by state law to report any suspected cases of child abuse or neglect to the appropriate authorities for investigation.

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DIRECTORS & CONTACTS

Camp Carr - 908-735-5951 (Summer Only)

Camp Director - Paul DiGilio – pdigilio@hcyca.org

Assistant Camp Director – Andy Cogen – acogen@hcyca.org

Health and Office Administrator — campcarr@hcyca.org

Sports Camp - 908-782-1030

John Rice – HCY Association Program Director – 908-483-4934 – jrice@hcyca.org

Camp Director – Carly Murin – Accessible (June 17th) – cisabella@hcyca.org

South Camp - Phone TBA (Summer Only)

Camp Director – Cameron Bullard – 908-782-1030 cbullard@hcyca.org

Administration

Senior Program Director - Kristin Heimall

908-483-4932 - kheimall@hcyca.org

DAY CAMP HOURS

Session 1 – 10 → June 17 – August 23 → Monday - Friday, 9:00 am - 4:00 pm (Extended Care & Busing Available)

Session 11 → August 26 – August 29 → Monday – Thursday 9:00 am - 4:00 pm (Extended Care Available)

EXTENDED CARE

Extended Care is a supervised recreation program that provides care before and after day camp hours. It is available for all camp programs. Daily or hourly rates are NOT available. Transportation must be provided by the parent.

EXTENDED CARE HOURS

Morning Care 7:15am - 9:00am

Afternoon Care 4:00pm - 6:00pm

LATE PICK UPS & FEES

Late Pick-up from camp (after 4:00pm pick-up or 6:00 pickup) will be charged a \$15 late fee for the first 15 minutes or any portion thereof and \$15 for every 15 minutes or portion of thereafter (according to the directors cell phone).

ITEMS NEEDED DAILY

- **Lunch**
- **Bathing Suit**
- **Towel**
- **Water bottle**
- **Appropriate Footwear** (Children play active games-- we suggest wearing sneakers to camp and packing sandals for use at the pool)
- **Weather appropriate clothing** (Rain coat if it's raining, Sweatshirt if it cool).
- **Sun block!!!**

**We suggest that children wear their swimsuits under their clothing. This helps to avoid awkwardness for children changing. We usually allow children to wear their suits all day since they usually dry within minutes after they get out of the pool. If it is a cooler day when the children swim, they will have time to change into dry clothes.

ITEMS NOT TO BRING

- **Electronics** (Radios, CD players, Cell Phones, iPods, Video Games, etc.)
- **Valuables** (Jewelry, etc.)
- **Dangerous Items** (Pocket Knives, weapons or fake weapons etc.)

**Staff reserves the right to confiscate prohibited items, to be returned to the parents. The YMCA is not responsible for lost personal or stolen items. **

PICK-UP CARDS

When picking up children (at camp, bus stop or extended care), you must present your pick-up card. This card informs our staff that you are authorized to pick up your child.

If you do not have your card for pick-up, you will be asked to show identification and it will be crosschecked with the Authorization To Pick Up form filled out with your child's health information. If someone that is not on your Authorization To Pick Up form will be picking up your child, please call and send a note to camp informing us of this.

This card will be mailed to you prior to your child's attendance at camp. If you need more cards, please contact the director at the camp your child attends.

NOTE: PLEASE DO NOT PUT YOUR CHILDS NAME ON PICK UP CARD(S)

FIELD TRIPS or POOL TRIPS

Children enrolled in Sports Camp (two week sessions or a 1 week session with a field trip scheduled) will attend at least one field trip each session (depending on the camp being attended – specialty camps DO NOT attend field trips EXCEPT for Cheerleading Camp).

South Camp will go on one field trip and one pool trip weekly. Trips and pool time may need to be adjusted based on the weather. Director will communicate changes on site.

If you choose not to have your child attend the field trip, please do not send him/her to camp on that day, as your child's counselors will all have gone on the trip. Reminders will be distributed during the session.

There are no additional fees for field trips. You may send souvenir or snack bar money. This is at the discretion of parent or guardian and the responsibility of the camper when on the trip.

LUNCH

Children must bring lunch and drink EVERYDAY, preferably in reusable or recyclable containers (NO GLASS). Lunches are refrigerated. Please DO NOT send food that has to be heated, as we do not have the capability to re-heat meals.

SUNBLOCK

It is highly recommended that parents apply sun block to children each morning before camp. We will not be applying sun block when the children arrive because we expect that it will have been done at home prior to arriving at camp. Sun block is always applied after time spent in a water activity and at designated times during the day. If you would like sun block applied during the day please send it with your child on the first day they attend camp. Please label bottle with your child's name. Counselors will assist with the application if necessary. Insect spray and/or lotion will follow the same guidelines. ****WE DO NOT SUPPLY SUNBLOCK****

EMERGENCIES & ILLNESS

In the case of a minor injury (small abrasion, small cut, etc.) parent will be notified at parent pick-up by counselor. In the case of a minor injury that is more serious (bumped head, large cut, very upset child, etc.) parent will be immediately contacted. In the case of a serious injury parent will be notified immediately after emergency services are contacted.

POLICY FOR DESIGNATED COMMUNICABLE DISEASES We do not permit any child with a designated communicable disease to attend or remain at camp until we receive a note from the child's physician stating the child presents no risk to his/herself or others and is able to participate in all camp activities. Parents of other children in the program will be notified with a written announcement so they can monitor their own child's well-being. For the health and safety of our children and staff, we will not admit any child who has an illness, symptom of an illness, or a disease that a physician has determined would require a child:

1. be home under the physician's immediate care,
2. To be admitted to a hospital for care and treatment.

If your child has a temperature, colored discharge from their nose, swollen and red eyes with discharge, diarrhea or vomiting within a 24 hour period, they should stay home so as to not infect any other child or staff.

*Notes are required for all illnesses including the following that have been designated as communicable by the State Licensing Department: Chicken Pox, Meningococcus, Coxsackie, Mumps, German Measles, Salmonella, Giardia Lambliia, Scabies, Hemophilus Influenza, Shigella, Hepatitis, Strep Throat, Impetigo, Tuberculosis, Lice, conjunctivitis, Whooping Cough, Measles, Rash.

SCHEDULE CHANGES & ABSENCES

Please call your camp by 9:00 a.m. to notify the Director/Administrator of your child's schedule changes. (Example: *Instead of riding their normally scheduled bus route, they will need to be picked-up at camp*)

If your child is going to be absent, please call the camp your child attends to inform them that you child will not be attending that day.

****All camp phone numbers are listed in this packet.****

If you are altering your child's enrollment from their original status you will be assessed a \$10.00 processing fee per child per change.

CHARACTER DEVELOPMENT

Character Development is a national YMCA program that teaches **Caring, Honesty, Respect, & Responsibility**. Through games, activities, field trips, awards and recognition children are taught these values. Character Development is not just a program; it is a way of life. The children are not only touched by the games and activities, but are taught through example. Our counselors at Camp are trained and committed to be role models of good character.

STAFF

Our staff is comprised of Directors, Assistant Directors, an Administrator, Head Counselors, Counselors, Assistant Counselor, Counselors in Training and Specialists of adult, college and high school age.

Our leadership staff (Directors) have 4 year degrees and in many cases have their Masters. Our Head Counselors consist of college teachers, graduates and college students. Most have either studied in a child development related field.

We are very proud of our staff and the level of preparedness they have entering into the camp season. Each year we take our 100 plus staff (from all of our camps) to an annual day camp conference where they have the opportunity to attend trainings and seminars that help them to engage, protect and develop your children. In addition to the day camp conference staff attend another full day of workshop that includes training on the prevention of bullying, identifying and

preventing child abuse, policies and procedures that protect our campers and new and exciting games and activities that will surely create an awesome summer experience. Furthermore all of our leadership staff maintain certification in CPR, AED, O2 and Epipen usage.

RATIOS OF STAFF/COUNSELORS TO CAMPERS

Typically our group ratios are broken down as follows:

- Ages 4 to 5 ratios are 1: 5
- Ages 6 to 8 ratios are 1: 6
- Ages 9 to 14 ratios are 1: 8

HUNTERDON COUNTY YMCA DISCIPLINE POLICY

“No child shall be deprived of food, isolated or subject to corporal punishment or abusive physical exercise. All programs shall utilize positive reinforcement as a tool to avoid unwanted behavior. Rules should be developed and periodically reviewed with youngsters at each site. When a youngster exhibits inappropriate behavior, he/she shall be warned and given an explanation of why such behavior is unacceptable. Should the child persist in the inappropriate behavior, staff may place the youngster in Time Out using the guideline of one minute per year of age to determine length. At this time another explanation of why the behavior is inappropriate should be given to the child.”

If the behavior persists, parents are to be made aware of the problem. Parents will also be notified of a serious infraction that compromises his/her or another’s safety or the authority of the staff. The third time a parent needs to be notified, the camper will be suspended from camp. When child returns, should there be further incidents; child will be dismissed from the camp program. These discipline procedures can be initiated at any step in the process. **There are no credits or refunds for days missed.**

If a child is removed from a YMCA program for disciplinary reasons, the period of time that they will be excluded from programs will be determined by the YMCA Program Director and Executive Director. At the end of the designated period of time, the Program Director will meet with parent and child to assess current ability to rejoin program. If a child is removed from a program in the Hunterdon County YMCA, they are prohibited from participating in any YMCA programs during the prescribed period of time.

TRANSPORTATION

FOR CAMP CARR AND SPORTS CAMP ONLY!!!

SESSIONS 2 – 9 ONLY, (NO Busing after August 16th)

Parents or Authorized pick up persons must present bus counselor/bus driver with pick up card or identification indicating that they are the appropriate person to pick-up your child/children

Please be advised that the bus times are approximate. We do our best to keep on schedule, but traffic and or late pick-ups sometimes add time to the schedule and the buses can be late if these issues present themselves.

We ask that you be to the bus stop 10 minutes prior to the scheduled depart/ arrival time in the morning and afternoon, and allow for 10 minutes for lateness (please call your camp if the bus is unusually late) in the afternoon.

If you are not at the bus stop to pick up your child the bus driver will keep your child on the bus and you will need to pick them up from the next bus stop or the camp your child attends (this will be the last stop when this occurs).

*If the bus is not on time please contact the camp at 908-735-5951.

COUNSELOR IN TRAINING PROGRAM (CIT)

Ages 13-14 - Available at Sports Camp, Camp Carr and South Camp

The Counselor in Training (CIT) Program is designed for teens 13 and 14 years old that are interested in working with children. They will gain leadership and team building skills, new friends and a strong self-esteem. Half their day will be spent learning skills needed to work with other youth. The other half of the day will be hands on in groups. CITs will also have a chance to work on special community projects. To take part in this program all candidates must apply and go through an interview process. Applications are accessible on our web site at www.hcymca.org. At the YMCA we take the Counselor in Training Program very seriously. We are looking for youth that embody our core values of caring, honesty, respect and responsibility. From the moment an application is requested through the interview process, it will be determined whether a candidate is a strong enough leader to become a counselor in training at the Hunterdon County YMCA.

How to Become a CIT

New CITs may not register until they have been through the interview process and accepted into the program.

1st Year CITs (Candidates) - must either download or request a CIT application. After it is complete it must be sent into the YMCA. Interviews are scheduled first based on the quality of your applications and secondly on when we receive it. Applications can be mailed or dropped off. Please do not fax or email.

2nd Year CITs - may register at any point once registration is open. There is no need to reapply once you have been through the interview process and participated as a CIT.

CAMP CARR GENERAL INFORMATION

TRAFFIC - PICK UP AND DROP OFF

The speed limit in the campground is 5 mph. The speed limit on public roads running through camp (Camp Buck Rd.) and coming into camp (Hamden River Rd.) is 25 mph when children are not present and 5 mph when they are present. **Please observe speed limits for the safety of all.**

We provide a great deal of signage when coming to camp. Below are the general procedures.

AM Extended Care - 7:15 am

Parents should park in the pool parking lot for AM Extended Care Drop-off. Parents must sign campers into AM Extended Care under the main pavilion. We will have a staff person stationed under the pavilion to help with sign in.

Morning Arrival - 9:00 am

All campers should be brought to the circle for drop off. Staff will then escort campers to groups. Should there be a problem while you are waiting to drop off, campsites numbered 5 and 7 (to the right) may be used to park. Additionally, during the session, if you need to park and ask questions of the counselors or directors, please park in the pool parking lot after dropping children off to staff at the cul-de-sac. **DO NOT PARK IN ROAD OR ALONG FENCING!**

Afternoon Pick up - 4:00 pm

Campers who are being picked up by parents at 4:00 pm will be brought to the circle for pickup by parents. **HAVE YOUR PICK UP CARDS READY!** If you need to park and ask questions of the counselors or directors, please park in the pool parking lot after picking up your children at the cul-de-sac. **DO NOT PARK IN ROAD OR ALONG FENCING!**

PM Extended Care - By 6:00 pm

Parents should park in the pool parking lot for PM Extended Care Pick up. Please remember to **BRING YOUR PICK-UP CARDS EACH DAY.** Please do not park along Camp Buck Road or into or along the fences.

SWIMMING

All campers' ages 4 - 9 participate in swimming lessons (Except specialty camp participants) All groups participate in a free swim period each day. Campers are excused from lessons only with a note from parent or guardian and then may

not participate in free swim that day. All campers are tested on their swimming ability the first day of camp. Based on their skill level it will be noted where they are permitted to swim in the pool and if they require a flotation device. Group counselors are made aware of each child's swimming ability. Children are then given snap on/off neck bands that indicate their level so all staff can visually identify where they are permitted to swim in the pool and if they require a flotation device.

ELECTIVES

Electives are choice activities held each day except trip days. Children in Traditional Camp ages 6 - 12 will participate in electives. Campers choose electives each Monday. The choices vary from year to year, but often include: Rock Climbing, arts & crafts, sports, games, nature, archery (upper camp only), drawing, story and song and more.

CAMP STORE

Camp Carr has a store which an assortment of snacks are sold. The YMCA is continuing moving in the direction of teaching healthy eating habits. The food items sold in the store include ice cream, pretzels and chips, water, juice and an assortment of healthy choices, however because we are not a full kitchen and do not have the capability to store fresh fruits and vegetables snack are prepackage goods.

Each group will have the opportunity to visit the camp store at least once each session (visit days will be announced in the camp newsletter). The camp store will also be open daily during extended care from 4:15 to 5:30 pm.

Snack Bar Card will be offered online. You will receive a link to set up your campers account. You do not need to do this, but it is highly recommended. You are welcome to send your child to camp with cash. The online snack bar card will be valid at both Camp Carr and Sports Camp. You will be able to check your child's account anytime. **Snack bar cards are Non-refundable.**

**SPORTS CAMP
GENERAL INFORMATION
Deer Path YMCA, Flemington NJ**

TRAFFIC/PICK UP & DROP OFF

AM Extended Care - 7:15 am

Enter the YMCA through the gym doors next to the playground. Parents **MUST** escort campers into the gym and sign them in with a counselor.

Morning Arrival - 9:00 am

Enter the YMCA through the gym doors next to the playground. Parents **MUST** escort campers into the gym and sign them in with a counselor.

Afternoon Pick Up - 4:00 pm

Parents should come to the playground by the gym doors. Parents **must** present their pick-up card to the counselor before we can release children.

PM Extended Care - 6:00 pm

Parents should come in through the gym doors and enter to gymnasium. Parents **must** present their pick-up card to the counselor before we can release children.

ORGANIZATION (AGE GROUPS)

Sports Camp is organized into five sub-camps: Junior Sportsters is for ages 4 - 5, Rookies is for ages 6 - 7, Winners is for age 8 and Champion is for ages 9 - 10, and All-Stars is for ages 11 - 12. Groups may be mixed according to appropriate age or skill development.

SPORTS ACTIVITIES

The Sports Camp will offer instruction in basketball, soccer, volleyball, floor hockey, baseball, lacrosse and team building. Teaching is based on the “Games Approach” which is getting children right into playing games. The “Games Approach” helps the children learn the skills and rules of the games by participating in games rather than practices while at the same time keeping it fun and interesting. The campers will alternate all these sports throughout the two-week session.

RECREATIONAL ACTIVITIES

The Sports Camp will offer recreational activities, including swimming, archery, flag football, ultimate frisbee, kickball and other fun games.

EQUIPMENT – WHAT TO BRING TO CAMP EACH DAY

All campers should bring a water bottle, towel, bathing suit, sun block (please apply in the morning) and snack & drink in addition to their lunch. If additional equipment is required a note will be sent home. In most cases all equipment is provided by the camp. They may bring a gym bag (or back pack) to keep “stuff” in. Please put name on everything. We will have a lost and found available. Lost and found items will be donated if not claimed by end of each camp session. The YMCA is not responsible for any lost or stolen belongings. PLEASE NO CELL PHONES, I-PODS, GAME BOYS OR OTHER ELECTRONICS.

SWIMMING

Camper ages 4 – 7 will have a daily swim lesson and a free swim period. Campers will have a 40-minute recreational swim period each day of the camp session (excluding field trip days.)

LUNCH AND SNACK

Children must bring a lunch and drink (children are not allowed to use vending machines DURING camp hours or during after care). Please provide additional snack and drink; we will provide time for children to have snack breaks between activities in the morning and during after care. **Please keep campers snack separate from their lunch (snack should be kept in their bags, lunch will be refrigerated).** Campers will be allowed to attend the snack shack during their morning snack break as well as during aftercare. Please put names on lunches & snacks. Campers will spend lunch & snack time outside or in the gym depending on the weather. Lunch is generally at Noon for all campers, but could be earlier in the case of a field trip or specialty day or if your child is enrolled in a specialty camp.

CAMP STORE

Sports Camp has a store in which an assortment of snacks is sold. The YMCA is continuing moving in the direction of teaching healthy eating habits. The food items sold in the store will include healthy choices.

Each group will have the opportunity to visit the camp store usually once each day. The camp store will also be open daily during extended care from 4:15 to 6:00pm.

Snack Bar Card will be offered online. You will receive a link to set up your campers account. You do not need to do this, but it is highly recommended. You are welcome to send your child to camp with cash. The online snack bar card will be valid at both Camp Carr and Sports Camp. You will be able to check your child’s account anytime. **Snack bar cards are Non-refundable.**

FIELD TRIPS

Campers will participate in one field trip per session. Parents will receive information about the trips prior to trip day.

SUMMER STRETCH SESSIONS (SES 11)
9:00 am – 4:00 pm (Extended care available)
Held At the Deer Path YMCA

PURPOSE

This last week of camp is intended to help parents of children who need care. It is a bridge week before school and aftercare begin. This session is greatly reduced in enrollment because a large number of our staff will be heading back to college. If you need care don't delay your registration. These sessions will fill quickly.

SCHEDULE

The groups of children will be broken down into age groups for activities appropriate for their age. Daily schedule will include sports and games, crafts, swimming and rock climbing.

CAMPER NEEDS

Children will need to bring lunch daily, along with a towel, bathing suit and sun block. We will continue to keep the snack bar open. If you want your child to purchase something please send a minimal amount of money. They may still use their snack bar card if they have money on it. We will bring your child's snack bar card from Camp Carr if they have any money left.

SOUTH CAMP
GENERAL INFORMATION
Held at South Hunterdon Regional High School

LOCATION OF PROGRAM

Our day camp program is back at South Hunterdon High School. Parking is available in the side parking lot. There will be plenty of signs directing you when you arrive.

PICK UP AND DROP OFF

AM Extended Care - 7:15 a.m.

Please walk your children to the classroom and sign them in with their counselor.

Morning Arrival - 9:00 a.m.

Drop off for general camp begins at 8:45 am. Please walk your children to the classroom and sign them in with their counselor.

After noon pick up - pick up by 4pm.

Anyone picking up your camper must present a pick up card. These will be mailed or issued on the first day of camp.

PM Extended Care - pick up by 6pm.

Anyone picking up your camper must present a pick up card. These will be mailed issued on the first day of camp.

When you pick up on the first day please have your driver's license on hand so we can make sure that you are the correct person to send your child home with.

**Please contact the camp to let us know if someone other than you will be picking up your child.

FIELD TRIPS and SWIMMING

Each week South camp will attend one field trip and one pool trip. Field trips TBD.

Swimming is done at Nockimixon Pools located in Quakertown, P.A.

The bus will depart camp at 9:15 for Nockimixon Pools. If you need to drop your child off later than 9:15 am on one of these days, you will need to bring them to Nockimixon Pools. We recommend on swimming days that your child come to camp with their swimsuit on under their clothes.