



YMCA Pool Schedule Effective March 1 - March 7

Rev. 2/26

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00 am - 7:00am	4 SOLO LAP LANES 2 SHARED LAP LANES	4 SOLO LAP LANES 2 SHARED LAP LANES	4 SHARED LAP LANES 2 SHARED LAP LANES	4 SHARED LAP LANES 2 SHARED LAP LANES	4 SHARED LAP LANES 2 SHARED LAP LANES
7:00 - 7:45 am	4 SOLO LAP LANES 2 SHARED LAP LANES	4 SOLO LAP LANES 2 SHARED LAP LANES	4 SOLO LAP LANES 2 SHARED LAP LANES	4 SOLO LAP LANES 2 SHARED LAP LANES	4 SOLO LAP LANES 2 SHARED LAP LANES
8:00 - 8:45 am	4 SOLO LAP LANES 2 SHARED LAP LANES	4 SOLO LAP LANES 2 SHARED LAP LANES	4 SOLO LAP LANES 2 SHARED LAP LANES	4 SOLO LAP LANES 2 SHARED LAP LANES	4 SOLO LAP LANES 2 SHARED LAP LANES
9 - 9:45 am	LAP SWIMMING 5 LANES LESSONS	LAP SWIMMING 5 LANES LESSONS	LAP SWIMMING 5 LANES LESSONS	LAP SWIMMING 5 LANES LESSONS	LAP SWIMMING 4 LANES SCUBA/LESSONS
10-10:45 AM	LAP SWIMMING 5 LANES LESSONS	3 LAP LANES/AQUAFIT ADULT REC - DEEP END	LAP SWIMMING 5 LANES	3 LAP LANES/AQUAFIT ADULT REC - DEEP END	LAP SWIMMING 4 LANES SCUBA/LESSONS
11 - 11:45 am	LAP SWIMMING 5 LANES	LAP SWIMMING 5 LANES	LAP SWIMMING 5 LANES	LAP SWIMMING 3 LANES LESSONS	LAP SWIMMING 4 LANES SCUBA/LESSONS
11:50 - 12:35 pm	LAP SWIMMING 5 LANES	LAP SWIMMING 5 LANES	LAP SWIMMING 5 LANES	LAP SWIMMING 5 LANES	LAP SWIMMING 5 LANES
12:40 - 1:30 pm	5 SHARED LAP LANES	5 SHARED LAP LANES	5 SHRED LAP LANES	5 SHARED LAP LANES	5 SHARED LAP LANES
1:30 - 2:15 pm	5 SHARED LAP LANES LESSONS	5 SHARED LAP LANES LESSONS	5 SHRED LAP LANES LESSONS	5 SHARED LAP LANES LESSONS	5 SHARED LAP LANES LESSONS
2:20 - 3:50 pm	H.S. SWIM TEAM *NO LAP/NO REC	H.S. SWIM TEAM NO LAP/NO REC	H.S. SWIM TEAM *NO LAP OR REC	H.S. SWIM TEAM *NO LAP/NO REC	H.S. SWIM TEAM *NO LAP/NO REC
4 -5:30 PM	SWIM LESSONS NO LAP OR REC	SWIM TEAM/LESSONS NO LAP/NO REC	SWIM LESSONS NO LAP OR REC	SWIM TEAM/LESSONS NO LAP/NO REC	SWIM LESSONS NO LAP OR REC
5:45 - 6:30 PM	SWIM TEAM 3 SHARED LAP LANES	SWIM TEAM NO LAP/NO REC	SWIM TEAM 3 SHARED LAP LANES	SWIM TEAM NO LAP/NO REC	5 SHARED LAP LANES LESSONS
6:40 -7:25 PM	SWIM TEAM 2 SHARED LAP LANES	SWIM TEAM ENDS 7 PM	SWIM TEAM 2 SHARED LAP LANES	SWIM TEAM ENDS 7 PM	SWIM MEET POOL CLOSED
7:00 - 8:00 PM	SWIM TEAM 2 SHARED LAP LANES	SWIM LESSONS NO LAP/NO REC	SWIM TEAM 2 shared lap lanes	5 SHARED LAP LANES	SWIM MEET POOL CLOSED
8:15 - 9:00 PM	SWIM TEAM 2 SHARED LAP LANES	3 SHARED LAP LANES LESSONS	SWIM TEAM 2 SHARED LAP LANES	3 SHARED LAP LANES LAP LANES	SWIM MEET POOL CLOSED

SATURDAY SCHEDULE	SUNDAY SCHEDULE	UPDATES
7 AM - 8:45 AM 4 SOLO/2 SHARED LAP LANES 9:00 AM - 12:30 PM - SWIM LESSONS 12:30 PM - 2:15 - 5 SHARED LAP LANES SWIM MEET POOL CLOSED 3:00 TO 7 PM DEFINITIONS <u>SHARED LAP LANES</u> <u>2 people split lane</u> <u>SOLO LAP SWIM</u> <u>1 person in lane</u>	7:00 AM - 7:45 AM - 4 SOLO/2 SHARED LAP LANES 8:00 - 8:45 AM - 3 SHARED LAP/LESSONS 9:00 - 12:30 PM - LESSONS/ NO LAP OR REC 12:30 - 2:15PM - 5 SHARED LAP LANES SWIM MEET POOL CLOSED 3:00 PM - 7 :00 PM	LESSONS START MARCH 1ST SWIM MEET FRI, SAT, SUN 3/5, 6, 7
<u>ADULT REC - DEEP END</u> space in deep end for personal aquatic fitness training or non-lap swim RECREATION: Area for play and fitness/ exercise Please observe Social Distancing.	Family and Adult Locker Rooms Showers available in Family and Adult Locker rooms - please use disinfection spray after use. NO LOCKERS AT THIS TIME. Please bring your gear out onto the pool deck. Please observe Social Distancing	

Note: pool schedule is subject to change due to seasonal programming and or other circumstances