



CIT APPLICATION

Dear Counselor in Training Applicant,

NOTES:

- 1st year CIT's must complete an application.
- 2nd Year CIT's do not need to complete an application. You may register for available session.
- To be at CIT you must be 13 or 14.
- CIT applications are dated upon receipt. We will do our best review it quickly and communicate determination.

Before you begin completing your Counselor In Training application be sure to read this letter.

At the YMCA we take the Counselor in Training Program very seriously. You along with your fellow CIT's and camp staff are responsible for the most important element at camp. YOU are RESPONSIBLE for the care, safety and welfare of a child.

We will train you and give you the tools you need to become a great counselor. You will be the one who determines what to do with these tools. Whether you have been a camper before or this is your first experience with us we believe that you have the potential to someday lead our camps. Several CIT's get accepted into the program but only the very best get to be counselors one day. Everything you do from how you fill out your application, how you to how you behave and interact with fellow CIT's, staff, parents, and campers is always being reviewed.

Please understand that if you are accepted into the YMCA CIT Program you are no longer a general camper. This means that from the moment you accept this position you will always need to be a positive role model at camp, at the YMCA and in public (including personal websites such as Facebook, Twitter, Instagram, and or Snap Chat). When you become a CIT you are a representative of the YMCA. Children of all age that meet you at camp will look up to you on and off the job.

At camp you will work with fellow CIT's planning and implementing activities for camp groups. Your CIT Leadership staff will guide you through all facets of your CIT experience. As stated above we have very high expectations of our CIT's. Please be sure that you are mature enough to be a CIT and have the aspiration to succeed in developing children.

Once we receive your application it will be reviewed by a staff team. When we see that your application is genuine (completed by you not someone else), honest and well thought out you will be invited to take part in the CIT program. You will be required to attend a pre-camp training. Once accepted the training options will be sent to you.

Our first point of contact will be through email. Please make sure that the email noted on the application is active and accessed regularly.

Sincerely,

Mrs. Heimall

Mrs. Kristin Heimall
Senior Program Director



Counselor In Training Application

Return Form To:
Hunterdon County YMCA
144 West Woodschurch Rd.
Flemington, NJ 08822
Attn: Kristin Heimall
Or Kheimall@hcymca.org

Office Use Only
Date received _____
Applicant: Approved or Denied *****
If Approved
Training Date Selected _____

IMPORTANT RECOMMENDATIONS:

- ❑ When filling out an application it is very important that you your application is neat and well organized (you may type – hand written is acceptable as well). You may answer the questions on a separate sheet of paper if you would like.
- ❑ When I read this application I will be looking for information that shows me you are a leader and that you have the desire to work with the camp children (ages 4 to 7).
- ❑ If you are accepted into this program you are expected to be a positive / active role model for the campers.
- ❑ After you application is reviewed by the team you will receive an email letting you know if you have been invited or not to be a CIT with us. Please make sure you check your emails regularly. This is how we communicate.

Date _____

Name _____ Address _____

Town _____ Zip _____

Phone _____ Email _____

I am applying to be a CIT at (circle one):	Camp Carr	Sports Camp	South Camp
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1. Why have you chosen to apply for a counselor in training position at Camp?

2. Explain what you think the difference is between a camper and counselor in training (CIT).

3. What do you think a parent of a camper will expect from you as a CIT? How will you meet that expectation?

4. What do you think your CIT supervisor will expect from you? How will you meet that expectation?

5. What do you expect from your supervisor?

6. How does a camper feel on their first day of camp?

7. We have only a few spots available in the CIT program. Why are you the best candidate for the position? (Consider what makes you unique. What skills and or talents that you posses will benefit the campers)

8. Please list any clubs, groups, organizations, jobs, sports or activities that you have participated as a leader in.

A) _____	C) _____
B) _____	D) _____

9. In the above listed groups/activities did you play a leadership role in any of these positions? Please list and describe your role in each.

10. If accepted into the Counselor in Training program you will be asked to come up with ideas / activities for working with children in large group (30 to 35 children). What ideas do you have to contribute to this program?

11. If you have participated in Camp or any other camp experience what did you enjoy the most?

12. What hobbies do you enjoy?

13. Is there any other information that you would like to add that would help us make our decision?

Please sign below to indicate that this application was completed by you (the candidate). Your parent or guardian may of course proof read and or provide some guidance, but we want to know that you had the ability to complete and think for yourself when filling out the application. Remember you are going to be responsible for the welfare and care of a child. The application is the easy part.

Candidate Signature: _____ Date: _____



Counselor In Training Survey

Directions: Take a minute to read the questions below. Answer either yes or no. Be honest with yourself. This survey is designed for you to determine if being a CIT is appropriate for you. Being a CIT can be very challenging.

- Am I charismatic?
- Can I engage a group of kids in an activity that will enrich them?
- Do I feel comfortable speaking in front of a large group of people?
- Am I articulate?
- Can I smile even on my worst days?
- Do I love to get dirty?
- Am I willing to learn new things?
- Do I care about other people?
- Am I self motivated?
- Do I have enough self discipline to do the right thing at all time?
- Do I want to make a positive impact on a child's life?
- Will I be able to model all the practices and lifestyles I teach to my campers?
- Can I take feedback, both positive and negative?
- Will I willingly rise above the call of duty?
- Will my personal background be an asset to the camp community?
- Am I concerned about the general safety and well being of others?
- Will I be able to work as a team player with a group of other counselor?
- Can I work well without continual direct supervision and direction?
- Is the quality, spirit and enthusiasm of the game more important than winning?
- Can I be a great leader?
- Can I make the day camp team better than when I found it?
- Do I know how to model good behavior for staff and campers?
- Am I flexible?
- Do I recognize the positive and or negative results of the choices I make?
- Can I adapt to adverse situations?
- Do I have boundless energy?

I have read and answered the questions above and feel that my participation as a CIT at camp will enhance the program for campers, staff and fellow CIT's.

Printed Name _____ Signature _____

Please sign and return with your application.