


# ACTIVE LINXX

Be Fit, Stay Active!

## SYNC YOUR PERSONAL TRACKER TO THE FITLINXX SYSTEM

- Automatically record Steps, Calories, Time and Distance captured from a personal tracking device
- Earn FitLinxx FitPoints for any 10+ minutes of continuous step exercise
- Eliminates manual log of walking and running workouts
- Steps Report with custom date filters for a complete review



The screenshot shows the 'My Tracker' interface with a table of activity data and a 'Steps Goal' summary.

Fitbit	Sun 07/21	Mon 07/22	Tue 07/23	Wed 07/24	Thu 07/25	Fri 07/26	Sat 07/27	Total
Steps	1,946	7,653	5,331	7,730	14,310	6,333	5,439	48,742
Calories	1,961	2,442	2,342	2,820	3,083	2,367	2,267	17,322
Time (h:m)	00:07	00:59	00:21	00:30	01:38	00:36	00:44	04:55
Distance (mi)	0.92	3.62	2.54	3.67	6.79	2.99	2.57	23.1
FitPoints	35	295	105	150	490	180	220	1,475

Steps Goal				
Metric	Daily	Weekly	Actual	% Complete
Steps	10,000	70,000	48,742	70%

It's FREE!  
Click on the [Add Tracker](#) link from ActiveLinxx Online accounts to get started.

### GET AN ONLINE ACCOUNT:

- If you do not have an account, once you are setup to use the FitLinxx System at your facility, you will receive a personalized invitation to access your Online account. Click on "Accept Your Invitation", answer a few questions and you are ready to go.
- You can also request additional invitations at any time from your facility's FitLinxx Kiosk by touching the "FitLinxx Online Registration" button. An invitation will be sent to you within the hour.
- Or simply go to [www.activelinxx.com](http://www.activelinxx.com) and click on the "SIGN UP" link.

